

# THE PINES



For many seniors, living at home may no longer be an option, but the institutional feel of a large-scale residential facility just isn't right, either. That's where The Pines comes in.

The Pines is a licensed residential care home located on a quiet, brick-paved street in the heart of Holton. With space for just 12 residents, the facility offers a quiet, intimate atmosphere that feels like

home, along with round-the-clock care that provides the help its residents need when they need it.

The Pines isn't a corporate-owned facility, but a real home located on a residential street with a staff that strives to provide comfort, care and reliable service to its residents. The focus of its staff is making residents feel at home, and that comfort and compassion is extended to the families of its residents as well.

The Pines has been successfully operating in Holton for several years. In 2015, the facility was purchased by Nikki Rinkes and Mandy Bontrager, two local women who are passionate about quality medical and personal care.

Nikki Rinkes is in charge of day-to-day operations at The Pines and is committed to providing the best possible experience for residents. She has a degree in business administration from Friends University and previously worked as an office assistant and biller for Holton Community Hospital Home Health and Hospice for 10 years. A lifelong resident of Holton, she continues to make her home here with husband Justin and sons Carsen and Conner.

Mandy Bontrager earned her bachelor's degree in nursing from Washburn University and is licensed as an RN in Kansas. For more than a decade, she has worked in various nursing roles and was most recently director of HCH Home Health and Hospice, and she continues to hold herself and her staff to the highest patient care standards. She is also a lifelong resident of Holton, where she lives with husband Chad and daughters Madeline, Addison, Julieann and Lillian.

The Pines now also offers daytime adult care. The new service, which became available on June 1, builds on the residential care currently offered by the facility.

"Daytime care is something we've wanted to do since we took ownership of The Pines a year ago, but we wanted to take some time to get to know our residents and staff and build a relationship with the community," Rinkes said. "We get inquiries about daytime care regularly, and we're excited to get started."

The new service offers families non-residential care for loved ones during the day. Adults may be dropped off at The Pines for a daytime stay between 7 a.m. and 7 p.m. During that time, assistance with such daily living activities as meals, showers, medication management and social activities will be provided.

"Daytime care is a great way to help older adults stay in their homes longer while still getting the care that families may not be equipped to provide at home," Bontrager said. "Our trained and professional team can handle all the daily activities, and when the adults go home, their families don't have a bunch of tasks to worry about and can just enjoy time with their loved ones instead."

Community members using home health or hospice services can receive those services at The Pines during the day as well.

The facility offers meal services that are a special treat, including made-to-order breakfasts, as well as home-style lunches and dinners and delicious desserts. Activities include everything from music and board games to hair and nails to seasonal holiday fun.

While senior care comes with many questions and uncertainties, the staff at The Pines aims to help people get the answers they need and feel confident in knowing their loved ones are in the care of professional, compassionate staff. The family atmosphere at The Pines means the facility's staff treats each resident with the comfort and dignity they deserve.

The Pines is located at 725 Iowa Ave. in Holton. Call 364-3314 or visit [www.thepinesofholton.com](http://www.thepinesofholton.com) for more information.

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